

"Building Our Community One Family At A Time"

Communiqué

A publication of Louisville Metro Cabinet for Health & Family Services



January, 2006

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I. Bringing Us Together

Create a fiscally responsible government that's more efficient, effective and easier for citizens to connect with.

Mayor Jerry Abramson's **Community Conversations** continue on the **3rd Monday** of each month. These on-site and on-line events provide opportunities to share whatever might be on your mind! So, mark your calendars now for the next sessions in 2006:

February 20: Eastern High School Gym, 12400 Old Shelbyville Road

March 20: Jeffersontown High School Gym, 9600 Old Six Mile Ln.

April 17: Valley High School Gym, 10200 Dixie Highway

For more information and the complete list of dates: <http://www.louisvilleky.gov/mayor/CommunityConversations.asp>.

2005 Milestones for the Cabinet for Health and Family Services:

- Passing and implementation of the smoke free ordinance. This new law protects adults and children from the dangers of second-hand smoke, and begins to change the

culture of smoking in our community. For more information check out: <http://health.louisvilleky.gov/>

- Start-up of the Y.O.U. Center, an education and employment one-stop for youth ages 16-21. This youth one-stop demonstrates the commitment of the Mayor and Metro government to providing opportunities for young adults to further their education and get connected to the work world in a youth-oriented site.
- Heightened focus on preventing domestic violence through an Executive Order and new policies and training for metro employees on family violence. For more information check out: <http://www.louisvilleky.gov/Department/HumanServices/docs/communiqué/2005-10.pdf>.
- Developed a team response to address the rise in energy cost to provide enhanced energy assistance for low-income residents in light of declining federal support.

Louisville Metro Government is opening a number of **Medicare Part D Senior Access Sites**. The purpose is to assist Medicare recipients and their family members to learn more about Medicare Prescription Coverage and to enroll in Medicare Part D. These are

CHECK IT OUT!!!

**2006 EXTERNAL
AGENCY FUND**

**INFORMATION
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SPECIAL NOTICE: Communiqué is changing! Starting in March, the monthly announcements will be converting to a listserv. This will allow you to post your own notices in a timely fashion. If you are currently receiving Communiqué mail and want to be a part of the listserv, you will need to subscribe. Subscription instructions will be provided in the February monthly mailing.

being made available across the Metro area and are in addition to a number of locations sponsored by other organizations throughout the community.

When visiting a Medicare Part D Senior Access Site, you will need to have personal information available. It is important that you bring with you:

- A list of your current prescriptions, showing the exact name of the medicine and the dosages. (You may want to bring pill bottles with you.)
- The name of the pharmacy you use,
- Income and resource information,
- Any current prescription coverage,
- Your Medicare and Social Security cards.

Louisville Metro Senior Access Site Locations:

Family Health Center, 2215 Portland Avenue -772-8370

The Family Health Centers are assisting their patients with understanding the Part D program and with enrollment at the Portland clinic Monday through Friday from 9:00 a.m. to 4:00 p.m. FHC intends to provide this assistance to their patients as an ongoing service beyond the initial enrollment deadline of May 15, 2006. **To schedule an appointment**, patients may call 772-8370 or go to the Behavioral Health Resource Center of FHC located on the 3rd floor of the Portland clinic. To complete the enrollment process, patients must bring to the appointment:

- **FHC patient ID card**
- **All items listed above**

Louisville Metro Human Services – Senior Nutrition Sites (See Page 9)

Trained staff and volunteers will assist citizens in completing the enrollment process at the Senior Nutrition Centers. Medicare Mondays will be held from 10:00 A.M. to 2:00 P.M. at various Senior Nutrition Sites on scheduled Mondays through February 2006. For assistance go to a **Senior Meal Site** on a designated Medicare Monday for one-on-one assistance with choosing and enrolling in Medicare Prescription Drug coverage. See the list for where each will be held. Make sure to bring with you:

- **All of the items listed above.**

Louisville Metro Human Services - 810 Barret Ave., 3rd floor

Trained staff and volunteers will be available from 10AM to 1PM on Tuesdays and Thursdays, beginning Jan. 5, 2006 until the deadline date of May 15, 2006. For assistance, come to the Third Floor Reception Window at the Urban Government Center. Bring:

- **All of the items listed above.**

Louisville Metro Community Action Partnership – 1200 S. Third St.

The Kentucky Seniors Saving Medicare (KSSM) staff and volunteers will provide one-on-one appointments to help educate and enroll participants in the Medicare Part D Prescription Drug coverage program. Assistance will be available 12:00 noon to 4:00 PM every Thursday beginning January 5, 2006. For appointment or more information call (502) 574-1157, ext. 307. You will need to bring:

- **All of the items listed above.**

The Louisville Library branches all have computers

open for public use. If you are fairly comfortable using a computer, the Library staff can assist you in reaching the Medicare.gov site. **Library staff will not be able to assist you in choosing a plan or in enrolling.**

For additional information, call

- **Area Agency on Aging (KIPDA) at (502) 266-6084 for more information.**
- **MetroCall at 311**

Sponsored by Louisville Metro Government in support of KIPDA, the Area Agency on Aging,

The Metro Health Department's latest report on Louisville's health, *Health Status Report 2005*, is now available on line at <http://louisvilleky.gov/health>.

This comprehensive 169-page report has several additional sections compared to last year's report. The 2005 report has added sections on oral health, mental health, and lead exposure among children. The section of the report discussing injuries has also added data this year on bicycle and pedestrian collisions.

Many health indicators remain relatively unchanged from last year's report. **Louisville residents continue to die from lung cancer at far higher rates than do other Americans.** The age-adjusted lung cancer death rate for Louisville residents was 74 deaths per 100,000 in this year's report. Although down slightly from 82 per 100,000 from last year's report, this is still far, far higher than the national rate of 55 deaths from lung cancer per 100,000.

Louisville residents also continue to die from diseases of the heart at higher rates than do other Americans. This year's report shows the age-adjusted

death rate for diseases of the heart among Louisville residents to be 287 per 100,000 (compared to 289 per 100,000 in last year's report). This compares to **248 per 100,000** for other Americans. This year's report also documents the fact that the rate of hospitalization for diseases of the heart in Louisville has steadily increased from 2000 through 2003.

Racial disparities in health continue to exist in Louisville. The age-adjusted death rate of African Americans was 27% higher than for whites (1237 compared to 834). The death rate for diabetes among African Americans was more than double the rate for whites (59 compared to 27). The infant mortality rate among African Americans was more than double that of whites (15 per 1,000 live births compared to 7).

The report also found that the overall infant mortality rate in Louisville shot back up in 2002 after a steady decline over the preceding nine years. However, this may be a single year aberration. Succeeding Health Department reports will continue to monitor this statistic.

There are also some bright spots in this year's report:

When asked if they participated in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking in the past month, 79.4% of Louisville residents who were surveyed said that they had. This compares to 70% for Kentucky and 77% for the United States.

Only slightly more than 10% of women in Louisville who gave birth in 2002 failed to receive prenatal care during the first trimester. This number is fast approaching the Healthy 2010 goal of 10%.

It's that time again! It's time for Louisville Metro Government and Louisville Metro's non-profit community to get geared up for the **2006 External Agency Fund (EAF)**. Last year's process included several changes to the application and application process that hopefully led to a more pleasant experience for External Agencies. This year's funding cycle will bring additional changes as the Office of Policy and Strategic Planning continues to strive for excellence in customer service.

One change will be an addition to the number of Louisville Metro Government Funding Agencies that applicants may select from when submitting a proposal. The Louisville Metro Health Department will officially join the other Funding Agencies, which will bring the total number of Funding Agencies to six. The Louisville Metro Government Funding Agencies participating in the 2006 EAF process are:

- Arts/Cultural Attractions
- Business Associations
- Health
- Housing/Community Development
- Human Services
- Youth

The Office of Policy and Strategic Planning is also in the process of revamping the EAF webpage. The project is being conducted in conjunction with the unveiling of Metro Government's revised website www.louisvilleky.gov. The most pertinent EAF information will be available as the 2006 process gets underway. As with most web development projects, the EAF webpage is a continuing and evolving process. New content and features will be added as they are developed. Be sure to visit www.louisvilleky.gov/department/externalagencyfund often for the most up to date information.

The Technical Assistance Conference is scheduled to be held February 16, 2006, while the EAF application deadline will be Thursday, March 23, 2006. If you would like additional information on the 2006 External Agency Fund, or if you know of an External Agency that would like to be notified, please contact Charles Dixon, Grants Coordinator at (502) 574-5241, or charles.dixonjr@louisvilleky.gov.

The Louisville Metro Community Action Partnership (CAP) will kick-off a pilot Energy Assistance Center as the crisis component of the Low-Income Home Energy Assistance Program (LIHEAP) begins January 9, 2006.

In partnership with Jeffersontown Area Ministries and West Louisville Community Ministries, the CAP Energy Assistance Center will offer applicants in Jeffersontown and West Louisville an opportunity to apply for LIHEAP and other energy assistance programs that are offered throughout our community. Applicants that reside in these areas that are unable to get to our four locations can now go to the ministries to receive assistance.

Eligible applicants will be offered energy education materials, weatherization kits, and heaters if their heating equipment has malfunctioned and they meet the income requirements. "We are excited about centralizing these services to make it more efficient and convenient for our residents," stated Kimberly L. Bunton, CAP interim executive director. Over 12,000 residents applied for the LIHEAP subsidy component, a 19.8% increase with a total of 1,123,391 benefits obligated.

Applicants can apply on a first-come, first-serve basis. Applicants must bring the following:



BRING YOUR LUNCH, YOUR INTEREST AND A COLLEAGUE

If you provide services to, have an interest in or would like more information about the new residents to Louisville who come from other countries, you are invited to participate in the "Immigrant Services Brown Bag Lunch". This series of brown bag discussions is scheduled for the Fourth Tuesday of every month, in the Ballroom at Memorial Auditorium - 970 S. 4th Street - from 12:00 to 1:30.

Immigrant Brown Bag

Please take note of the meeting days for 2006
(Fourth Tuesday of the month)

January 24
February 28
March 28
April 25
May 23
June 27
July 25
August 22
September 26
October 24
November 28

Jeffersontown Area Ministries,
267-1055 and West Louisville
Community Ministries, 778-
2815.

The mission of Louisville Metro Community Action Partnership is to eliminate poverty and its effects among the residents of Metro Louisville, KY through family assistance, economic development, and community organization/workforce development. For more information about CAP, visit our website at www.loucap.org/louisvilleky.gov or call CAP at 574-1157 TDD 635-9244; the Kentucky Association for Community Action (KACA) at 1-800-456-3452; or the Department for Community Based Services Ombudsman Office at 1-800-372-2973 (TDD available).

The Arcadia Community Center, a non-profit in South Louisville, works to empower the diverse residents of the Arcadia Apartments by providing educational programs, outreach and social services. The majority of the 1600 residents of Arcadia are newly arrived immigrants and refugees from Latin America, Africa, the Middle East, and Eastern Europe. The Center continues to grow and offers ESL classes, an After School Program that includes a JCPS literacy curriculum, Dare to Care Food Pantry, Clothing Closet, Youth Summer Camp, Hispanic Women's Group, Seasonal Festivals, Neighborhood Association,

1. Picture ID
2. Social Security Cards for everyone in the household
3. Proof of previous month's income
4. Proof of housing type (rental lease, proof of mortgage, section 8 lease, HAL lease, or proof of home ownership)
5. Crisis Verification-Current past due/disconnect notice (brown bill) from LG&E,

Within 4 days of running out of bulk fuel (propane, fuel oil, etc.) or

Eviction notice, if utilities are included in your rent

Seniors and homebound residents unable to come in and make an application personally may send someone with a signed verified

statement who knows their situation.

CAP office hours are as follows:

Monday through Friday,
10:00am to 3:00pm-
Administrative and South locations only

Administrative Office 1200
South Third Street, 574-1157

South District Office, 7219 Dixie
Highway, 574-1272

Monday through Thursday,
10:00am to 3:00pm-
West and East locations only

West District Office, 3308
Chauncey Avenue, 574-
1274

East District, 4810 Exeter
Avenue, 574-1270



and Somali Women's Sewing Group.

Arcadia Community Center received a \$5,300 Art Meets Activism grant from the Kentucky Foundation for Women to implement a sewing project for a group of 15 Somali Bantu women that live in the Arcadia Apartments. Through this project the women are learning the valuable skill of sewing, but they are also given a means by which they can express themselves artistically, gather as a women's group, and improve their English skills. Gwen Kelly, a fabric artist and arts educator, is facilitating the weekly workshops and is teaching the women to sew on the machines funded by the grant. The women will be making bags, skirts, wall hangings and quilts, and their final products will be displayed at the Iroquois Public Library in the Spring.

UCHM kicked off the holiday season with a shopping spree at Just Creations and Carmichaels Books.

Supporters braved bitter cold and spitting snow to shop for gifts, earning a percentage of the sales for UCHM.

The Santa Sprint and Stroll, sponsored by the Frankfort Avenue Business Association, for the benefit of UCHM, brought over 400 runners and walkers together for a bracing morning. St. Frances of Rome parishioners backed Fr. Jerry Eifler with almost \$1000 in sponsorships.

UCHM's Christmas Connection invites member churches and other community members to provide Christmas gifts, clothing and food gift cards for families who qualify for emergency assistance. This year, Santa's helpers shopped for 132 children in 62 families.

The project climaxed in an inter-generational party at UCHM, with visits and pictures with Santa (aka Bill VanHoose) for all our senior program participants, youth program participants, and the Christmas Connection children. Everyone ate lunch; then, while the children were involved with music groups and a magician, their mothers slipped upstairs to pick up great bags of gifts and food gift cards. WLKY's Rick VanHoose visited the party and created a Home-town Heroes feature for Channel 32's evening news show. Kylene Lloyd featured the party in the Courier-Journal's "Neighborhood Clicks" page in the Neighborhoods section the following week.

II. Keeping Us Safe and Healthy

Create a safer community through improved coordination, employee training and greater emphasis on prevention.

Health Department Holds Tai Chi, Aerobics, and Weight Control Classes. Have you made a New Year's Resolution to get more exercise and maybe lose a little weight? Well the Metro Health Department can help! The Health Department has just begun Tai Chi classes! Classes are held every Monday and Wednesday from 5:30 to 6:30 PM at 400 E. Gray Street. The best part is, the classes are FREE.

The Health Department also conducts low-impact aerobics classes every Tuesday and Thursday from 5 to 6 PM at 400 E. Gray Street. The exorbitant price for each of these classes is 25 cents (yes, one quarter!)

Thanks to the many Metro Louisville Departments, the Human Services staff and generous community members, the Holiday Line was able provide gifts for 273 individuals representing 64 families. These gifts truly brightened the holiday season of these families who provided the following comments as they picked up their gifts: "Without this, my boys would have no Christmas." "I believe and know this is a total blessing from above for my children, and God bless and keep you and yours." These types of comments make the work of Santa's Elves all worthwhile.

We look forward to hosting the Holiday Line next season as an opportunity for all of our Metro Louisville Departments and community to pass on more Holiday Cheer to families.

If you're watching your weight, the Health Department will also be holding a 4-session weight control series taught by a registered dietitian. Classes will be held February 2nd, 9th, 16th, and 23rd from 2 to 3 PM at the Central Government Center located at 7201 Outer Loop. Classes are free, but prior registration is required. Phone 574-6663.

III. Promoting Education and Growing Jobs

Promote education to create better opportunities for all citizens and develop a higher skilled, knowledge-based workforce. Attract and nurture businesses and provide better paying jobs.



Every1Reads, the community-wide initiative to help every child in JCPS read on grade level by 2004 has trained over 4000 volunteers and is on track for reaching this goal. However, volunteers are still needed in many

public schools and in after school programs throughout Jefferson County. Volunteers are trained in the Guided Reading technique and are asked to commit one-half hour per week to read with a child in a school or community setting.

WHAT WE KNOW....

- School attendance is a predictor of academic performance. Just showing up for school often leads to academic achievement.
- Students with poor attendance and high tardiness more often are not performing at grade level.
- School attendance improves as students engage in meaningful after-school activities.
- A primary relationship with an adult, other than family, in an after-school program, helps students tie schooling to their own intrinsic motivations, thus are more prone to success.

WHAT DO STUDENTS NEED?

Practice: Reading is a basic skill that needs to be developed over time. We must provide opportunities for practice.

High Expectations: Reading and

learning achievement is a goal that is necessary for a productive life. We must value it and publicly celebrate its attainment.

Consistent, Caring Adults: Engaging, encouraging and praising young people to excel, is achieved when adults make the commitment to reduce barriers for families.

Safe Places To Meet: A nurturing environment is an indicator of an effective learning community.

Lots of Reasons To Read: Young people need to see that reading is the key to everything.

To join in this important effort as a volunteer, visit the Every1Reads website at www.every1reads.com or contact the JCPS Volunteer Talent Center at 485-3710.

If you are in a community or faith based organization which offers after school programs to students and you wish for your agency to become involved as an Every1Reads endorsed program, please contact Rebecca DeJarnatt at 574-0854 or Elizabeth Stith at 574-3328.

This past summer, Family Health Centers became a Reach Out and Read (ROR) participant. ROR



Health Department Aerobics and Tai Chi Classes

is a program that promotes early literacy by bringing new books and education about the importance of reading aloud in the pediatric exam room.

Research shows a connection between the frequency of sharing books with babies, toddlers, and young children and their language development. Reach Out and Read makes literacy promotion an integral part of pediatric primary care so that children will develop a love of reading.

The program began as a collaboration between pediatricians and early childhood educators at Boston City Hospital (now Boston Medical Center) in 1989. They found that pediatricians and nurse practitioners were in a unique position to promote early literacy since they have regular contact with young children and parents through well-child check-ups. As well, these medical providers were found to be a highly trusted source of guidance for parents.

Today there are more than 2,300 ROR program sites around the country. Family Health Centers sponsors two of them and is applying for ROR programs at all six clinic sites. At the Iroquois clinic, the ROR program is part of the HI Hopes initiative. At East Broadway, it is integrated with well child visits.

Family Health Centers is grateful to National City Bank of Kentucky, Norton Healthcare, Making Connections Louisville, and the Reach Out and Read National Center for their financial support to purchase books. Also, thanks to Louisville's *Success by 6 Book Harvest* and *Every 1 Reads* for book donations. To make donations to this great program, contact Julia Richerson, M.D., Family Health Centers, 774-8631.

HURRICANE RECOVERY SERVICES

The U.S. Department of Labor, through the Bluegrass Area Development District and Career One Stop Centers, is prepared to assist hurricane evacuees in the state of Kentucky in finding employment, receiving training, and providing other assistance as needed as it relates to employment.

The main goal of the program is to assist evacuees in getting back to work by providing training or support services. Contact information is below. Please call for an appointment.

Paula England, Hurricane
Reintegration Counselor
NIA Center

2900 West Broadway, Suite 100
Louisville, KY 40211
Office: 502-574-4100
Cell: 859-519-7892
Each Thursday from
1:00 pm until 6:00 pm.
Toll Free: 1-800-490-2002

The Urban League's Center for Workforce Development is seeking 100 individuals/families that were displaced or otherwise negatively impacted by Hurricane Katrina to receive services through its Hurricane Katrina workforce initiative.

According to Juanita F. Sands, Director of the League's Center for

Workforce Development, the \$100,000 grant from the National Urban League's Hurricane Katrina fund will help the local affiliate to help more families access individualized direct services to assist them to move beyond the storm and its devastating interruption to lives, jobs, education, and overall self-sufficiency.

Tera West, the League's Community Outreach Specialist, who is coordinating this initiative said, "This workforce development program is designed to help evacuees prepare for and find employment and to link them to a myriad of services available throughout Louisville Metro and surrounding communities". Individuals will receive individualized assessments of needs, job and career goals. Other services include one-on-one career counseling, employability skills training, assistance with short-term occupational skills training, and assistance with support services, such as transportation for job search purposes, job search assistance, job referrals, placement and follow-up.

"It is our hope that we can help our newest residents to get connected to job opportunities in the local community or in other areas of the country", said West. For additional information or to schedule an appointment, please contact Tera West at (502) 561-6830 X139.

BE A CONTRIBUTOR

Share information about your Agency,
program or services with other service
providers.

Send your articles to:

Communicate_submissions@louisvilleky.gov.

***Reminder that CQ is a quarterly publication.

IV. Enhancing Neighborhoods & Protecting Our Quality of Life

Create strong neighborhoods and protect and improve our Louisville quality of life.

The Louisville Metro Community Action Partnership (CAP) is accepting Summer Lunch Program Site letters of intent for the 2006 Summer Lunch Program. The program provides a nutritious free breakfast, lunch, snack or dinner to youth 18 years of age and under and/or participants enrolled in public, private, non-profit school programs established for the mentally or physically disabled.

The program is funded by the U.S. Department of Agriculture and administered by the Division of School & Community Nutrition of the KY Department of Education.

Letters of intent will be accepted through Friday, May 5, 2006. Sites will be selected based on staffing and refrigeration capacity. All sites must provide two adults to attend site certification training. Selected sites will be located throughout Metro Louisville. Special menu needs should be indicated in the letter of intent. Any non-profit, community based organization, church, neighborhood council, homeowner's association or other organization interested in participating as a Summer Lunch Program site should submit their letter of intent to:

Rhonda Wooten
Summer Lunch Program
Louisville Metro Community
Action Partnership
1200 South Third St.
Louisville, KY 40203
(502) 574-1157, ext. 340 or email
at: Rhonda.Wooten@louisvilleky.gov

This program will operate June 5th through August 11th. The goal is to provide well-balanced, nutritional meals for children and youth under the age of 18 years during the summer months.

Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color, national origin, sex, age, disability or family income.

The Louisville Metro Community Action Partnership (CAP) has been the local sponsor of the Summer Lunch Program for several years. CAP's Family Service Division's Summer Lunch Program will host an open house on Thursday, May 18, 2006 from 4:00 – 7:00 PM.

The event will take place at the Louisville Metro CAP Central Office, 1200 South Third Street in the rear building and will feature samples from the program menus, games, door prizes and plenty of fun for the entire family. Last summer, the CAP Summer Lunch Program-

- Operated for 10 weeks
- Served over 345,055 meals
- Served 6,500 children
- Maintained 113 sites throughout Metro Louisville

Once again, First Neighborhood Place Administrator, Linda C. Chatmon and staff are collaborating with Tish Brookins, the FRYSC Coordinator at Newburg Middle School to present the "Baby Think It Over" program. This program is a six-week experimental activity for Newburg Middle School children beginning February 13, 2006 and is designed to reduce the incidence of early adolescent pregnancy. The activity extends into the students' home and social life, as they must

care 24/7 for a Realcare Baby complete with bottles, diapers, breastfeeding devices, etc. The workshop will be conducted by Judith Mullins, who is a Parent Involvement Consultant. Students must have parental consent to participate and Ms. Mullins is available to the parents to give them a better understanding of their ever-changing child and to answer the many questions that arise. For more information, contact: Tish Brookins, 485-8740.

The GE employees provided 200 children in the First Neighborhood Place service area wonderful gifts and toys for Christmas. The give-away was on Saturday, December 17, 2006 and Community Council members and staff came out to assist. The Community Council members start the day early at 6:30 am at GE to help sort and package the gifts. The parents expressed great gratitude for these gifts as many said that the gifts would be the only presents for their children. One parent simply burst into tears while repeatedly thanking us. This is the third year that GE has partnered with First Neighborhood Place. Ms. Vivian Hairston-Blade is the Coordinator for the GE Employee Group for the toy give-away.



Flag background image

Medicare Mondays at Senior Meal Sites

10:00 A.M. - 2:00 P.M.

Come to a local Senior Meal Site for one-on-one assistance with choosing and enrolling in Medicare Prescription Drug coverage. Make sure to bring with you...

- **a list of your current prescriptions,**
- **income and resource information,**
- **any current prescription coverage,**
- **your Medicare and Social Security cards.**

Listed below are the sites and dates.

January 23	Fern Creek High School 9115 Fern Creek Road
January 30	Fairdale Center (Fairdale Playtorium) 10616 West Manslick Road
February 6	Watson Powell Community Center 1340 Heafer Road
February 13	Neighborhood House 201 North 25 th Street
February 20	Shively Nutrition Center (St. Basil) 3901 Wayside Drive
February 27	Okolona/Wilderness Road 8111 Blue Lick Road

Call 574-MEAL or KIPDA AAA at (502) 266-6084
for more information.

Sponsored by Louisville-Metro Meals on Wheels and KIPDA Area Agency on Aging

LOUISVILLE ASSET BUILDING COALITION

SUPPORTED BY

Mayor Jerry E. Abramson



Take your Money.



You Earned It.

EARN IT

Did you earn less than \$37,263 in 2005? The Earned Income Credit (EIC) could pay you as much as \$4,400 based on your earnings and family situation. File taxes to receive your credit.

You earned it.



KEEP IT

Don't pay to file your taxes or the hundreds of dollars for a refund anticipation loan (RAL). Visit a free tax preparation site to have your taxes carefully prepared and e-filed - for free and fast refunds! Don't give away your money.

Keep it.

SAVE IT

Always wanted to own a home, go to school, buy a car or start a business? Tax volunteers can connect you with savings programs in your community that can help you save money and improve your credit. You've paid long enough.

Save it.

Information or questions

Free Tax Preparation Sites or more EITC info

Call: 502-581-7262 or visit www.LouisvilleABC.org

Questions & Answers

IS THE GOVERNMENT GOING TO GIVE ME MONEY?

- Yes! The Earned Income Credit (EITC) is a special tax benefit only for people who work full- or part-time. If you qualify, you'll owe less in taxes and you may get cash back. Even if you don't owe income tax, you can get the EITC.

HOW DO I GET THE EARNED INCOME CREDIT?

- If you were raising children in your home in 2005, file federal tax form 1040 or 1040A, and attach Schedule EITC.
- If you were not raising children in your home in 2005, file tax form 1040, 1040A or 1040EZ with the IRS.
- Be sure to provide the correct name and Social Security number for each person listed on your tax return.

ARE THERE OTHER TAX CREDITS FOR FAMILIES?

- Yes. Families that earned more than \$11,000 in 2005 may also be eligible for the Child Tax Credit and/or the Additional Child Tax Credit.

WHAT IF I HAVEN'T FILED A TAX RETURN IN A LONG TIME?

- You can still get the EITC. If you were eligible, [you can claim the EITC for three years back](#). Call 502-581-7262 to setup an appointment. If you owe back taxes, the EITC may lower your tax bill. You may also be able to work out a payment agreement.

HOW QUICKLY CAN I GET MY REFUND?

- All FREE TAX PREPERATION sites will e-file for FREE along with choosing to have your refund Direct Deposited, you can get your refund as quickly as 14 days. We may also help you with setting up a checking account call 502-581-7262 for details.

WHAT IF I'M NOT A U.S. CITIZEN?

- Many legal immigrants who are employed are eligible for the EITC, including green card holders, refugees, and others legally authorized to work. Getting the credit will not hurt your immigration status.

IF I GET THE EITC WILL I LOSE MY PUBLIC ASSISTANCE OR OTHER BENEFITS?

- In Kentucky, the EITC does not affect benefits like food stamps, Medicaid, public housing, cash assistance, or SSI.

WHERE ARE MY CLOSEST FREE TAX PREPARATION SITES?

Call the LABC Hotline 502-581-7262 or www.LouisvilleABC.org for detailed hours and locations of the all sites including the mobile site along with a checklist of what you should bring to the Free Tax Preparation.

Americana Community Center
4801 Southside Dr
Louisville, KY 40214

Canaan Community Development
2840 Hikes Lane
Louisville, KY 40218

In Jesus' Name, Wesley House
1701 Dumesnil Street
Louisville, KY 40210

Louisville Central Community Center
1300 W Muhammad Ali Blvd
Louisville, KY 40203

Louisville Urban League
1535 W. Broadway
Louisville, KY 40203

New Directions - O'Connor
5809 Russet Place
O'Conner Square Apartment's
Louisville, KY 40219

New Directions - St. William
1157 S 17Th Street
Louisville, KY 40210

New Zion Resource Center
3628 Virginia Avenue
Louisville, KY 40211

Office of Employment /Training
600 West Cedar Street
Louisville, KY 40202

Portland United Methodist
(Portland Promise Center)
1831 Baird Street
Louisville, KY 40203

Presbyterian Community Center
701 South Hancock Street
Louisville, KY 40203

Wesley House Community
803 E. Washington Street
Louisville, KY 40206

2006 COMMUNITY WINTERHELP

Winterhelp is a utilities assistance program funded by private donations matched by LG&E. There is a cap on the amount of assistance available per household. Generally, must be below 200% of the Federal Poverty Guidelines and in possession of a cut-off notice. If income is higher, may qualify under "Extenuating Circumstances". CWH voice mail information line is 561-6836, ext. 150. Caller must leave name, phone and address information. **PROGRAM BEGINS WED., JAN. 11, 2006.** CLIENTS SEEN BY APPOINTMENT ONLY—NO WALK-INS.

Participating Agencies Call for Appointment

East Louisville Comm. Min.
561-0722
Tues & Thurs 10 am – 2 pm

HELP Min. of Central Lou.
637-6441
Christ Church Cathedral
Tues & Fri 10 am – 12 pm

Presbyterian Comm. Center
584-0201
Tues, Wed, & Thurs 2:30 – 4:30

Sister Visitor Center
776-0155/776-0434
Mon – 10:30 am - 4 pm
Tues – Fri 9 am – 4 pm
Closed daily 12 – 1 pm for lunch

West Louisville Comm. Min.
778-2815
Mon – Thurs 9 am – 3 pm

Highlands Comm. Min.
451-3626
Mon – Fri 9 am - 2 pm

United Crescent Hill Min.
893-0346
Mon, Wed, & Fri – 9:30 – 3 pm

St. Matthews Area Min.
893-5704
Mon – Fri 9 am – 4 pm

South Louisville Comm. Min.
Mon – Fri 9:30 – 11:00 am
367-6445/367-6446

Baptist Fellowship Center
774-2734
Mon – Fri 1pm – 4 pm

Muscle (Min. United of So. Central Louisville)
363-9087
Mon – Fri 9 am – 2 pm

Shively Comm. Ministries
447-4330
Mon thru Fri 9am – 1:00pm

South East Assoc. Min.
499-2059
Mon – Fri 10 am – 12:30 pm

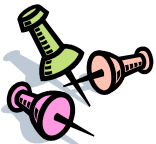
Fairdale Comm. Min.
367-9519
Mon – 9:30 a.m. - 5:00 p.m.
Wed, & Fr 9:30 – 1:30

Eastern Area Comm. Min./Neigh. Visitor Prog.
426-2824
Mon, Wed, Thur, Fri
9 a.m. – 4:30 p.m.
Tues 12 p.m. – 4:30 p.m.

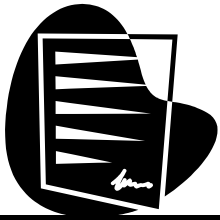
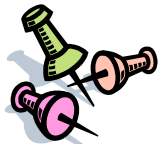
Fern Creek/Highview United Min.
762-0630
Mon – Fri 10 am – 2 pm

Jeffersontown Area Min.
Mon – Fri 10 am – 1 pm
267-1055

South West Comm. Min.
935-0310
Mon – Fri 9 am – 4 pm



Bulletin Board



Disclaimer: Information in the Bulletin Board is presented as it was received by Communiqué. Neither Communiqué, the Louisville Metro Cabinet for Health and Family Services, nor its staff can be responsible for the accuracy of this information. It is strongly advised that persons interested in attending a particular event contact the sponsor(s) through the information provided in order to verify time, date, location, etc. Please also note any registration requirements and deadlines, which are included in the listings as we receive them.

SPECIAL EVENTS AND BENEFITS

Children's Day at the Capitol is February 8. Children's Day at the Capitol is an opportunity to become an advocate for children in Frankfort. Participants will attend a rally on children's issues, learn the basics of advocacy, speak with elected officials, and meet other advocates from across the state. To register: visit www.kyyouth.org.

Center for Women and Families Celebration of Service March 7. The Center for Women and Families will honor five extraordinary Kentuckiana women at its 19th anniversary Celebration of Service on March 7, 2006 from 5:00 to 9:00 p.m. at the Galt House East Grand Ballroom. The Center hosts this special dinner celebration to recognize Women of Distinction who have dedicated their lifetimes to human services, education, the arts, health care, civil rights and child welfare in our community. The 2006 Women of Distinction are: Juanita Beach, Reba Doutrick, Jean Frazier, Adele Leight and Alice Lucille Martin. The Center pays tribute to these strong women as a way to raise funds to aid and support women and families who have found the strength within to flee domestic and sexual violence. Visit www.thecenteronline.org or call (502) 581-7212 for more information.

LDS Holds Best Valentine's Dance February 14. Louisville's Best Valentine's Dance, sponsored by Louisville Diversified Services, will be Tuesday, Feb. 14th, 7-10 p.m. at The Olmsted (3701 Frankfort Avenue). Admission is free for clients of LDS; others are encouraged to donate \$10 - \$20. RSVP to (502) 581-0658 or bwiley@LDSinc.org. See www.LDSinc.org/events/valentines.asp for more information. Join us -- the more, the merrier!

EACM Holds Mystery Theatre Fundraiser. Eastern Area Community Ministries adds a new twist to their annual fundraiser: mystery theatre! Make plans to attend "A Mystery of Faith" dinner and auction. Help solve the whodunit of a diamond heist and maybe win a prize. Festivities start at 6:00 p.m. on Saturday, March 4 at the Hurstbourne Holiday Inn. Tickets are \$40 per person and includes dinner. To purchase tickets or for more information, contact EACM, (502) 244-6141.

Key West After Dark Benefits Shively Area Ministries February 4. Shively Area Ministries is hosting a fundraiser for their Partners In A Place of Hope relocation project. This event is called Key West After Dark on Saturday, February 4, from 6:30 p.m.

to midnight. This event promises an evening of dinner and dancing with live music by "The Fabulous Epics". This dinner dance will be held at Incarnation Center, 2229 Lower Hunters Trace. Cost is \$40 per person or \$80 per couple (price includes Special 45th Anniversary Edition CD with bonus tracks from "The Fabulous Epics - Live Over the Years"). Tickets are limited to 50 couples. So, call today to reserve your tickets. This makes a great gift, too! Harbor House, All Care Community Center, and Friends of Farnsley-Kaufman House will also be participating in this event. For tickets, please call Roxanna Trivitt at (502) 447-4330, ext., 34.

The Caper to Benefit Family Place February 4. Saturday, February 4, join us for The Caper; a Post Game Party and Silent and Live Auction to benefit The Family Place: A Child Abuse Treatment Agency. The Caper begins at 2:00 immediately following UofL vs. Notre Dame men's basketball game. It will be held at the Kentucky Fair & Expo Center, West Hall A & B. Event Tickets: \$10 in advance, \$20 at the door. Call 636-2801 to get tickets in advance or go to the agency website for more details: www.Familyplaceky.org.

Jewish Community Center and House of Ruth Team Up. JCC's Center-Stage, one of the oldest community theatres in Louisville, is

teaming up with House of Ruth to help persons affected by HIV/AIDS. CenterStage will present the Tony Award Winning Musical, *Falsettos*, February 2-12. A \$4 donation will be given to House of Ruth to help provide support for the HIV/AIDS community with each ticket bought. Please call (502) 459-0660 ext. 0 or visit www.jccoflouisville.org for show times and to pre-order tickets.

CONFERENCES, STAFF TRAININGS AND SEMINARS

CNPE Training on Capital Campaigns February 16.

Before an organization embarks upon a capital campaign, the board and staff must assess the organization's readiness, against the prerequisites that will make your campaign successful. Capital Campaigns are major investments of time and money for that next stretch of organizational growth. If you've never built capital donations but are ready to explore that possibility, Bill Schneider and Bob Mueller can help you start on the right track with *Are You Ready for That Capital Campaign?* From 1:30 to 4:30 p.m. at the Center for Non-Profit Excellence. For more information and registration, go to www.cnpe.org. You can also find a full schedule of their course for the Spring at this link.

Office for Youth Development Offers Youth Service Worker Trainings.

The Office for Youth Development offers monthly trainings for anyone who works with youth. The trainings are intended to help youth service workers gain new skills and knowledge that will benefit them and the youth they serve. The trainings are held at the OYD Hope Mills Office, 942 East Kentucky Street, from 12:00

to 2:00 p.m. on the date specified.

The 2006 schedule is as follows:

- Feb 28 Ethics with Roosevelt Chinn, from Cabbage Patch
- Mar Undoing Institutional (day to Racism in Our Community with Helen Deines, Spalding University)
- Apr 26 Gender-Specific-Male
- May 31 Gender-Specific-Female
- June- No trainings—summer August break
- Sep 20 Group Homes, with Jan Edwards from Maryhurst
- Oct 18 Youth in the Media, with Caroline Dickie, from WAVE3
- Nov TBA

For more information, contact Sandy Lewis at (502) 574-1367.

CHANGES AND INTRODUCTIONS

Family Health Center People News. Bart Irwin was promoted this fall to Assistant Director of Family Health Centers. Bart has been with FHC since 1992 as Health Care for the Homeless Coordinator. Bart recently completed his PhD at the Kent School of Social Work, University of Louisville and has a Master's of Divinity from the Southern Baptist Theological Seminary. Bart served as a case worker for Volunteers of America and Seven Counties Services before joining FHC. Andy Patterson, Ph.D., replaces Bart Irwin as Health Care for the Homeless Coordinator, effective December 15, 2005.

Claudette Nelson New Director for AARP Senior Community Service Employment Program. Ms. Nelson started in this position

November 7, 2005. Prior to coming to the AARP, she worked for Kentuckiana Metroversity, helping low-income youth and adults enter post-secondary education. She hopes to enhance the AARP Senior Employment Program by helping seniors develop skills and increased education that will assure their placement in permanent jobs. For more information about the program, please call her at (502) 584-0309.

RESOURCES AND SEMINARS FOR CLIENTS

Repair Affair Accepting Applications Through February 28. Repair Affair is now accepting qualified Louisville Metro homeowners. Applicants should call (502) 371-4906, between the hours of 9:00 a.m. and 4:00 p.m. Applications are taken over the phone. Repair Affair helps people who own and live in their single family home, are 60 or over or certified disabled, and qualify as low-income. For more information, contact Danny Flanagan at (502) 589-2272, ext 3039 or dannyvf@ndhc.org.

Services for Seniors and Family Caregivers from GuardiaCare. This spring, GuardiaCare Services, Inc. is offering two services for family members caring for an aging relative or friend. Referrals can be made by individuals or agencies concerned about an individual's welfare. We provide free in-home consultations in conjunction with the Auerbach School of Occupational Therapy at Spalding University. The goal of this consultation is to ease the stress and worry that can be associated with providing care to loved ones. In addition, there is a sti-

pend available to assist in purchasing any recommended equipment for the caregiver such as bath benches and grab bars.

GuardiaCare and Spalding also offer the "Staying Alive: How to be an Effective Caregiver," seminar series available at no charge to anyone caring for a senior aged 60 or older. The course is offered at four different locations and meet once a week for four weeks. Topics include common issues associated with aging, how to make the home safe, dealing with agitation or confusion, stress management, advance directives and many more. For information about dates and times, contact Carrie Morgan at 585-9949, Ext. 232.

These programs are provided free of charge and are funded in part under a contract with KIPDA Area Agency on Aging through the Cabinet for Health and Family Services with funds from the U.S. Department of Health and Human Services.

NAMI Offers Parent Education Program Children with Brain Disorders. NAMI KY (National Alliance on Mental Illness) is offering Out of the Shadows, a parent education program designed specifically for families of children with brain disorders: bipolar disorder, depression, schizophrenia or schizoaffective disorder, ODD and ADHD. Topics covered include diagnoses, available treatments, behavioral techniques, collaborating with schools and the mental health system, high-risk issues, financial/insurance issues and more. Parents are taught coping strategies and communication skills. The course is held Tuesday evenings from 6:30 to 8:30 p.m. at Our Lady of Peace Hospital (formerly Caritas) at 2020 Newburg Road. There is a limit to participants, so

please call to register first: Madeline McGeeney at the NAMI KY Office: (502) 245-5284.

Diabetes Management Seminars from the Health Department

Thursday, January 26, 2006 - Class Topics: Overview of Diabetes, Types of Diabetes, Diet

Thursday, February 2, 2006 - Class Topics: High & Low Blood Sugar, Sick Days, Diabetes Pills, Insulin

Thursday, February 9, 2006 - Class Topics: Exercise, Preventing Complications (Part 1)

Thursday, February 16, 2006 - Class Topics: Preventing Complications (Part 2), Foot & Skin Care, Glucose Monitoring, Standards of Care

Class times: 1:00 pm - 3:30 pm (all 4-days).

Please arrive 15 minutes early for first class to fill out paperwork.

Attendance at all classes is encouraged.

Location: Shively Municipal Building, 3920 Dixie Highway

Contact the Chronic Disease Prevention Team at (502) 574-6663 to register. A complete list of classes and information can be found at: http://health.loukymetro.org/h&w_classes.pdf.

Urban League seeks participants for an ex-offender Workforce Initiative.

Louisville Urban League is seeking participants to engage in its *Making It Work* Ex-offender workforce program. To be eligible for the *Making It Work Program* individual's must:

- be 18 years of age or older,
- be an ex-offender (excluding violent or sexual offenses),
- be unemployed, seeking different job or interested in obtaining employment,
- willing to make a commitment to the program objectives.

The *Making It Work* Ex-offender Program is designed to provide services to ex-offenders to help them minimize and remove barriers to employment, continuing education, and training. For additional information, to schedule an eligibility assessment, please contact Mr. James Leavell at (502) 561-6830, ext. 138, or ext. 131.

Council on Mental Retardation Parent Outreach Program.

Parent Outreach offers support, information, and experience to families of infants, children, and adult children with disabilities that involve mental retardation. Monthly meetings are held and an open meeting time is available most Tuesdays. To learn more call Susan Lawrence at 584-1239 or email at outreach@councilonmr.org.

Ray of Hope After School Program Accepting Applications.

Ray of Hope After School Program at Preston Highway United Methodist Church at 5114 Preston Highway is now accepting new registrations for the spring semester for students in kindergarten through sixth grade. Students should demonstrate a need for academic assistance as well as character development. This program serves the zip codes of 40213, 40217, 40219 and 40229, but students attending schools within these zips may be eligible for transportation to the site. Program hours are from 4:00 pm to 6:00 p.m., Monday through Thursday. Stu-

dents participate in tutor assisted homework help and planned developmental and cultural activities. For registration information, contact the director Philip Garrett at 361-2706 or email him at musclyth@insightbb.com.

OTHER ANNOUNCEMENTS

Marine Hospital Renovation Begins. Renovation has been started on the historic U.S. Marine Hospital building that stands behind Family Health Centers' Portland clinic. A celebration to mark the start of the exterior renovation was held November 11. The U.S. Marine Hospital Foundation is leading efforts to raise funds to renovate the interior of the building for use as a center for community health education, training, and research. For more information and to follow progress of the work, go to www.marinehospital.org.

AAWCC-KY Seeks Conference Proposals. AAWCC-KY (The American Association for Women in Community/Technical Colleges, Kentucky Chapter) seeks proposals for our annual conference, March 30-31, 2006 in Louisville. The 2006 conference encourages presentations by staff, faculty, administrators, students and other professionals from all disciplines and professions. What is "success"? How do you balance professional and personal success? To address this year's theme of balancing success in all aspects of your life, we encourage presentations which focus on bridging the gap between professional growth, challenges and solutions in professional development, women's issues in higher education, personal growth, and issues facing women in the community/society. Contact Jill Adams

at 502.213.2364 or at jill.adams@kctcs.edu if you have questions. The deadline for submissions is January 23, 2006. Selections will be announced by January 31, 2006.

REGISTER YOUR CAR AND SEND A CHILD TO CHILD CARE. You can help make a difference in the lives of low-income working families when you renew your car registration each year. By giving \$5.00 or more to the Child Care Assistance Account when renewing at the County Clerk's Office, you can help pay the costs of quality child care. Quality child care increases children's sociability, creativity, self-control, and language. Money raised goes to the county Child Care Assistance Account, which provides financial assistance to low-income working families for child care. For more information, simply call Community Coordinated Child Care (4-C's) at (502) 636-1358.

Kent School's Early Bird Deadline is February 15. The University of Louisville's Kent School of Social Work (Kent) is now considering applications for Fall 2006. Consider strengthening the impact you make in the community by strengthening your own knowledge and skills by working toward

a Master's degree in social work. We offer a variety of ways to help you accomplish this goal:

- Full time and part time programs, both with weekend options
- Opportunities for field placement in over 100 agencies
- Advanced Standing program for qualified BSW graduates
- Specializations in Marriage and Family Therapy, School Social Work, and Alcohol and Drug Counseling
- Special opportunities for students interested in Gerontology
- Four dual degrees including Law, Pan-African Studies and Women's and Gender Studies at U of L and Divinity at Louisville Presbyterian Theological Seminary

Join us for a Prospective Student Session: January 25 or February 8. For details visit <http://www.louisville.edu/kent/masters/prospstudentf2005.mht>.

Check out our website www.louisville.edu/kent/futurestudents.html for more information and an application or contact: Maureen Slaton, Coordinator of Admissions, (502) 852-0414, maureen.slaton@louisville.edu.

Louisville Metro Human Services would like to acknowledge and thank the following businesses for donations to the Holiday Line baskets that were raffled off in December.

The Jewel Box
Second Step
Heine Brothers Coffee
Discoveries
Pinotti's Florist
Kizito Cookies

JUST RELEASED AND NOW AVAILABLE!

COMMUNITY PARTNERSHIP FOR PROTECTING CHILDREN



A REPORT TO THE COMMUNITY

1996-2006

**Keeping Children Safe is Everyone's Business:
A report to the Louisville community**

Executive Summary

In 10 years, Louisville's Community Partnership for Protecting Children (CPPC) brought about significant improvements for families and children at risk of abuse or neglect. Through the partnerships developed by CPPC, there have been changes in the way agencies serve and protect families and the openness with which child protective services discusses its work and involves families, residents and partners in decision making. With the assistance of the Edna McConnell Clark Foundation, the Center for Community Partnerships in Child Welfare, Kentucky's Cabinet for Health and Family Services and the Neighborhood Place system, Louisville's families have benefited from increased access and coordination of services and supports offered to prevent child abuse and neglect. This report describes the progress made and future challenges to maintain improvements and sustain the collaboration.

For a copy of the full report, contact: Kim Pearsall at 595-5492 or Kim.Pearsall@ky.gov.

Louisville Metro Cabinet for Health and Family Services is comprised of the following departments and agencies. In addition, the individuals listed serve as Cabinet representatives on the Communique Editorial Board:

Louisville Metro Human Services <http://www.louisvilleky.gov/HumanServices>
Tina Lentz – tina.lentz@louisvilleky.gov

Office of Youth Development <http://www.louisvillekyyouth.org>
Elizabeth Stith – elizabeth.stith@louisvilleky.gov

Louisville Metro Health Department <http://louisvilleky.gov/health>
Dave Langdon – dave.langdon@louisvilleky.gov

Cabinet for Health and Family Services
Lynn Howard – lynn.howard@louisvilleky.gov

Family Health Centers <http://www.fhclouisville.org>
Sharron Alexandersmith – salexandersmith@fhclouisville.org

KentuckianaWorks <http://www.kentuckianaworks.org>
Regina Phillips – Regina.Phillips@kentuckianaworks.org

Community Action Partnership (CAP) <http://www.louisvilleky.gov/Department/CAP>
Latoscia Mason – latoscia.mason@louisvilleky.gov

Communique is now available via the Internet! Check us out at: www.louisvilleky.gov/humanservices/communique

Let us know if you would like to receive an email reminder when each issue of CQ is ready to view by emailing: tina.lentz@louisvilleky.gov. Put “**Add to CQ email list**” in the subject line.

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